

SuperSibs! QuiltHugs Guidelines



Size	40" x 40"
Material	<p>Front: 100% cotton - when selecting your fabrics, keep in mind the recipient will be boys and girls between 4 & 18 years of age. Since personal information of the recipient is not known, please NO seasonal or religious fabrics.</p> <p>Back: Fleece or flannel to provide warmth and comfort</p> <p>Batting: Light batting should be used when backing with flannel. No batting should be used when backing with fleece.</p> <p>Finished quilts must be washer/dryer safe and made of durable fabric to withstand many washings and wear and tear!</p>
Design	For the top, you may choose to use a preprinted panel, the design of your choice or the instructions on the QuiltHugs site (see www.supersibs.org)
Finishing	<p><i>Envelope Method:</i> Sew front and back with right sides together; turn right side out and tie. Quilts can be tied with 2 or 4 ply yarn, ribbon or 6 ply embroidery floss. (See QuiltHugs Pattern for further instructions.)</p> <p style="text-align: center;">Or</p> <p><i>Quilted method:</i> Layer top, batting (if using) and back. Quilt (by hand or machine) and bind.</p>
Embellishment	The quilts should not have embellishments such as buttons or charms as these can pose choking hazards particularly to the younger children.
Label	A <i>SuperSibs!</i> label should be printed on plain cream fabric (see Label instructions) and sewn onto the back of the quilt in the lower-right corner (1" from edge of quilt). Label template and construction instructions are available on the <i>SuperSibs!</i> Web site. <i>SuperSibs!</i> headquarters will fill in the label with the child's name and date and distribute to the children.
Mailing	<p>Take your completed quilt(s) to your local collection spot or mail to:</p> <p style="text-align: center;"><i>SuperSibs! QuiltHugs Program</i> 4300 Lincoln Ave., Suite I Rolling Meadows, IL 60008</p> <p>The quilt will fit nicely into a Priority Box (12 1/8" x 13 3/8" x 2 3/4") free from the Post Office and ships for \$4.20. A donation to cover the cost of shipping to the child would be greatly appreciated.</p>

Questions? Email *SuperSibs!* QuiltHugs Coordinator, Karen at quilt hugs@supersibs.org

THANK YOU!